

诵读翻译手册

八年级 上册

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Unit 1 This is me

一 单词

(一) 四会单词

1. **suppose** /sə'pəʊz/ *v.*
2. **birthmark** /'bɜ:θmɑ:k/ *n.*
3. **bright** /braɪt/ *adj.*
4. **strawberry** /'strɔ:bəri/ *n.*
5. **crowded** /'kraʊdɪd/ *adj.*
6. **disaster** /dɪ'zɑ:stə/ *n.*
7. **therefore** /'ðeəfɔ:/ *adv.*
8. **cover** /'kʌvə/ *v.*
9. **instead** /ɪn'sted/ *adv.*
10. **although** /ɔ:l'ðəʊ/ *conj.*
11. **bathroom** /'bɑ:θrɒm/ *n.*
12. **quickly** /'kwɪkli/ *adv.*
13. **truly** /'tru:li/ *adv.*
14. **paint** /peɪnt/ *v.*
15. **yet** /jet/ *adv.*
16. **anyway** /'eniweɪ/ *adv.*
17. **already** /ɔ:l'redi/ *adv.*
18. **difference** /'dɪfərəns/ *n.*
19. **hate** /heɪt/ *v.*
20. **successful** /sək'sesfəl/ *adj.*
21. **scientific** /saɪən'tɪfɪk/ *adj.*
22. **wise** /waɪz/ *adj.*
23. **perfect** /'pɜ:fɪkt/ *adj.*
24. **row** /rəʊ/ *n.*
25. **height** /haɪt/ *n.*
26. **literature** /'lɪtərətʃə/ *n.*
27. **character** /'kærəktə/ *n.*
28. **brain** /breɪn/ *n.*
29. **value** /'vælju:/ *n.*
30. **quality** /'kwɒləti/ *n.*
31. **impossible** /ɪm'pɒsəbəl/ *adj.*
32. **nothing** /'nʌθɪŋ/ *pron.*
33. **actress** /'æktrɪs/ *n.*
34. **silver** /'sɪlvə/ *adj.*
35. **doubt** /daʊt/ *n.*
36. **fear** /fiə/ *n.*
37. **succeed** /sək'si:d/ *v.*
38. **excellent** /'eksələnt/ *adj.*
39. **satisfied** /'sætəsfaɪd/ *adj.*
40. **risky** /'rɪski/ *adj.*
41. **zero** /'ziərəʊ/ *num.*
42. **Olympics** /ə'lɪmpɪks/ *n.*
43. **athlete** /'æθli:t/ *n.*
44. **stick** /stɪk/ *v.*

(二) 认读单词

1. wizard /'wɪzəd/ *n.*
2. British /'brɪtɪʃ/ *adj.*
3. second /'sekənd/ *n.*
4. superman /'su:pəmæn/ *n.*





二 短语

- | | |
|-----------------------|------------------------------------|
| 1. turn sunny | 2. look in the mirror |
| 3. for the first time | 4. turn away |
| 5. to one's surprise | 6. something special and different |
| 7. feel sb doing sth | 8. feel like |
| 9. instead of | 10. look up |
| 11. worry about | 12. in surprise |
| 13. be good at | 14. be proud of |
| 15. in search of | 16. the silver screen |
| 17. at that time | 18. less than |
| 19. starting leg | 20. fight one's fears |
| 21. have a try | 22. as long as |
| 23. stick to | 24. hold... back |
| 25. start from zero | 26. at such an age |
| 27. clock + 时间 | 28. make history |

三 句型

1. With so many people around me, my birthmark burnt red hot.
2. Therefore, I always kept my hair long to cover it...
3. I have already learnt that I am what I am.
4. Everyone has something special and different — that is what's interesting.
5. Accept your differences. They make you special.
6. Nothing is impossible; the word itself says "I'm possible".
7. Never let your age hold you back. Have a try and try harder.
8. Nothing is impossible as long as you try and stick to it.





Unit 2 Getting along

一 单词

(一) 四会单词

1. **shout** /ʃaʊt/ *v.*
2. **gate** /geɪt/ *n.*
3. **build** /bɪld/ *v.*
4. **since** /sɪns/ *prep.*
5. **nor** /nɔː/ *conj.*
6. **hole** /həʊl/ *n.*
7. **glad** /glæd/ *adj.*
8. **knock** /nɒk/ *v.*
9. **afraid** /ə'freɪd/ *adj.*
10. **message** /'mesɪdʒ/ *n.*
11. **double** /'dʌbəl/ *adj.*
12. **understanding** /ˌʌndə'stændɪŋ/ *n.*
13. **return** /rɪ'tɜːn/ *v.*
14. **lively** /'laɪvli/ *adj.*
15. **theirs** /ðeəz/ *pron.*
16. **grade** /greɪd/ *n.*
17. **article** /'ɑːtɪkəl/ *n.*
18. **priceless** /'praɪsləs/ *adj.*
19. **offer** /'ɒfə/ *v.*
20. **plan** /plæn/ *v.*
21. **quite** /kwaɪt/ *adv.*
22. **stressed** /strest/ *adj.*
23. **recently** /'riːsəntli/ *adv.*
24. **online** /'ɒnlaɪn/ *adv.*
25. **allow** /ə'laʊ/ *v.*
26. **ticket** /'tɪkɪt/ *n.*
27. **true** /truː/ *adj.*
28. **respect** /rɪ'spekt/ *v.*
29. **narrow** /'nærəʊ/ *adj.*
30. **unit** /'juːnɪt/ *n.*
31. **perhaps** /pə'hæps/ *adv.*
32. **argue** /'ɑːgjuː/ *v.*
33. **divide** /də'vaɪd/ *v.*
34. **reach** /riːtʃ/ *v.*
35. **agreement** /ə'ɡriːmənt/ *n.*
36. **relative** /'relatɪv/ *n.*
37. **government** /'ɡʌvəmənt/ *n.*
38. **poem** /'pəʊɪm/ *n.*
39. **inside** /ɪn'saɪd/ *adv.*
40. **neighbour** /'neɪbə/ *n.*
41. **act** /ækt/ *n.*
42. **pass** /pɑːs/ *v.*
43. **whenever** /wen'evə/ *conj.*

(二) 认读单词

lane /leɪn/ *n.*





二 短语

- | | |
|-------------------------|---------------------|
| 1. get along with | 2. for a long time |
| 3. for a while | 4. jump out of bed |
| 5. cover... with | 6. so... that... |
| 7. change one's mind | 8. here and there |
| 9. since then | 10. at last |
| 11. fly about | 12. knock down |
| 13. lead to | 14. hope to do sth |
| 15. give away | 16. make sb feel |
| 17. enjoy talking with | 18. set up |
| 19. make friends | 20. find out |
| 21. be so excited about | 22. afraid of |
| 23. busy with | 24. argue over |
| 25. dividing line | 26. reach agreement |
| 27. high up | 28. ask for advice |
| 29. discuss doing sth | 30. step back |
| 31. in return | 32. keep... in mind |

三 句型

1. Here and there, over the grass, stand beautiful flowers, like stars.
2. I hope the weather changes soon.
3. But spring never comes, nor summer.
4. ... the trees are so glad that they have covered themselves with flowers.
5. How selfish I've been!
6. Shared joy is a double joy.
7. What if they never invite me again?
8. True friends will respect your feelings.
9. Whenever they walk down the lane, they remember how kindness encourages more kindness.





Unit 3 Make it happen!

— 单词

(一) 四会单词

- | | |
|--|---|
| 1. fair /feə/ <i>n.</i> | 2. block /blɒk/ <i>n.</i> |
| 3. artificial /,ɑ:ti'fiʃəl/ <i>adj.</i> | 4. condition /kən'diʃən/ <i>n.</i> |
| 5. cost /kɒst/ <i>v.</i> | 6. lend /lend/ <i>v.</i> |
| 7. printer /'prɪntə/ <i>n.</i> | 8. invent /ɪn'vent/ <i>v.</i> |
| 9. weigh /wei/ <i>v.</i> | 10. kilogram /'kɪləgrəm/ <i>n.</i> |
| 11. fix /fiks/ <i>v.</i> | 12. invention /ɪn'venʃən/ <i>n.</i> |
| 13. download /,daʊn'ləʊd/ <i>v.</i> | 14. apply /ə'plai/ <i>v.</i> |
| 15. blind /blaɪnd/ <i>adj.</i> | 16. machine /mə'ʃi:n/ <i>n.</i> |
| 17. warn /wɔ:n/ <i>v.</i> | 18. object /'ɒbdʒɪkt/ <i>n.</i> |
| 19. sense /sens/ <i>v.</i> | 20. congratulations /kən,grætʃə'leɪʃənz/ <i>n.</i> |
| 21. advertisement /əd'vɜ:təsmənt/ <i>n.</i> | 22. everyday /'evrɪdeɪ/ <i>adj.</i> |
| 23. trouble /'trʌbl/ <i>v.</i> | 24. creative /kri'eɪtɪv/ <i>adj.</i> |
| 25. imaginative /ɪ'mædʒənətɪv/ <i>adj.</i> | 26. inventor /ɪn'ventə/ <i>n.</i> |
| 27. widely /'waɪdli/ <i>adv.</i> | 28. curiosity /,kjʊəri'ɒsəti/ <i>n.</i> |
| 29. talent /'tælənt/ <i>n.</i> | 30. electricity /ɪ,lek'trɪsəti/ <i>n.</i> |
| 31. lightning /'laɪtnɪŋ/ <i>n.</i> | 32. pioneer /,paɪə'niə/ <i>n.</i> |
| 33. exploration /,eksplə'reɪʃən/ <i>n.</i> | 34. test /test/ <i>v.</i> |
| 35. failure /'feɪljə/ <i>n.</i> | 36. future /'fju:tʃə/ <i>adj.</i> |
| 37. explorer /ɪk'splɔ:rə/ <i>n.</i> | 38. risk /rɪsk/ <i>n.</i> |
| 39. drive /draɪv/ <i>v.</i> | 40. earthquake /'ɜ:θkweɪk/ <i>n.</i> |
| 41. keyhole /'ki:həʊl/ <i>n.</i> | |

(二) 认读单词

- | | |
|--------------------------------|---|
| 1. 3-D /,θri:'di:/ <i>adj.</i> | 2. despite /dɪ'spaɪt/ <i>prep.</i> |
|--------------------------------|---|





二 短语

- | | |
|----------------------|------------------------|
| 1. shake hands with | 2. blow sb away |
| 3. lend (sb) a hand | 4. work on |
| 5. one after another | 6. make money from |
| 7. for free | 8. out of |
| 9. what's worse | 10. all the time |
| 11. hit on success | 12. come up with |
| 13. knock... over | 14. warn sb about sth |
| 15. apply... to... | 16. on purpose |
| 17. by accident | 18. go on a holiday |
| 19. miss out | 20. lightning rod |
| 21. pioneer of | 22. be curious about |
| 23. be drawn to | 24. protect... from... |
| 25. more than | 26. take risks |

三 句型

1. This was the first time Easton met Jenny...
2. What a helping hand!
3. Albert Einstein once said, "I have no special talents. I am only passionately curious."
4. The greatest inventions in history would be impossible without curiosity.
5. He was so curious about space that he invented a "flying chair"!
6. But curiosity is more than just taking risks. It also drives people towards certain goals.
7. Curiosity is the key. It opens one door after another for us to discover a new world.





Unit 4 Digital life

— 单词

(一) 四会单词

- | | |
|--|---|
| 1. digital /'dɪdʒətl/ <i>adj.</i> | 2. century /'sentʃəri/ <i>n.</i> |
| 3. forever /fə'revə/ <i>n.</i> | 4. smartphone /'smɑ:tfəʊn/ <i>n.</i> |
| 5. wallet /'wɒlɪt/ <i>n.</i> | 6. payment /'peɪmənt/ <i>n.</i> |
| 7. cash /kæʃ/ <i>n.</i> | 8. app /æp/ <i>n.</i> |
| 9. oven /'ʌvən/ <i>n.</i> | 10. except /ɪk'sept/ <i>prep.</i> |
| 11. convenient /kən'vi:niənt/ <i>adj.</i> | 12. development /dɪ'veləpmənt/ <i>n.</i> |
| 13. mobile /'məʊbaɪl/ <i>adj.</i> | 14. anywhere /'eniweə/ <i>adv.</i> |
| 15. progress /'prəʊgres/ <i>n.</i> | 16. offline /'ɒf'laɪn/ <i>adj.</i> |
| 17. simply /'sɪmpli/ <i>adv.</i> | 18. save /seɪv/ <i>v.</i> |
| 19. advantage /əd'vɑ:ntɪdʒ/ <i>n.</i> | 20. effect /ɪ'fekt/ <i>n.</i> |
| 21. glue /glu:/ <i>v.</i> | 22. strange /streɪndʒ/ <i>adj.</i> |
| 23. throw /θrəʊ/ <i>v.</i> | 24. guess /ges/ <i>v.</i> |
| 25. anyone /'eniwʌn/ <i>pron.</i> | 26. bedroom /'bedrʊm/ <i>n.</i> |
| 27. homework /'həʊmwɜ:k/ <i>n.</i> | |

(二) 认读单词

- | | |
|------------------------------------|--|
| 1. via /'vaɪə/ <i>prep.</i> | 2. nowadays /'naʊədeɪz/ <i>adv.</i> |
|------------------------------------|--|





二 短语

- | | |
|--------------------------|-------------------------------|
| 1. shared bike | 2. cost sb an arm and a leg |
| 3. QR code | 4. payment system |
| 5. come across | 6. give up on |
| 7. except for | 8. look forward to |
| 9. check out | 10. stay / keep in touch with |
| 11. a great deal | 12. step by step |
| 13. get too caught up in | 14. be glued to sth |
| 15. stand still | 16. throw away |
| 17. hundreds of | 18. think about |
| 19. in the old days | 20. take up |
| 21. write about | 22. read about |
| 23. wait for | 24. light up |

三 句型

1. But it took forever to find a bike!
2. As I always make digital payments in China, I never carry my wallet.
3. Mobile payment allows us to use our smartphones to pay for things easily.
4. Social media let us connect with others and share our thoughts.
5. Online education helps us learn new things anytime, anywhere.
6. How does Timmy's mum feel about Timmy using his phone?
7. Smartphones are useful, but we shouldn't let them take up all our time.
8. It was strange to read the words.





Unit 5 Play by the rules?

— 单词

(一) 四会单词

- | | |
|--|---|
| 1. opposite /'ɒpəzət/ <i>prep.</i> | 2. packet /'pækɪt/ <i>n.</i> |
| 3. picnic /'pɪknɪk/ <i>n.</i> | 4. smelly /'smeli/ <i>adj.</i> |
| 5. cheese /tʃiːz/ <i>n.</i> | 6. noise /nɔɪz/ <i>n.</i> |
| 7. reduce /rɪ'djuːs/ <i>v.</i> | 8. kick /kɪk/ <i>v.</i> |
| 9. seat /si:t/ <i>n.</i> | 10. passenger /'pæsɪndʒə/ <i>n.</i> |
| 11. anything /'eniθɪŋ/ <i>pron.</i> | 12. fool /fu:l/ <i>n.</i> |
| 13. sign /saɪn/ <i>n.</i> | 14. throat /θrəʊt/ <i>n.</i> |
| 15. responsibility /rɪˌspɒnsə'bɪləti/ <i>n.</i> | 16. cause /kɔːz/ <i>n.</i> |
| 17. belt /belt/ <i>n.</i> | 18. station /'steɪʃən/ <i>n.</i> |
| 19. flowerpot /'flaʊəpɒt/ <i>n.</i> | 20. mess /mes/ <i>n.</i> |
| 21. honesty /'ɒnəsti/ <i>n.</i> | 22. spread /spred/ <i>v.</i> |
| 23. law /lɔː/ <i>n.</i> | 24. lawyer /'lɔːjə/ <i>n.</i> |
| 25. citizen /'sɪtɪzən/ <i>n.</i> | 26. click /klɪk/ <i>n.</i> |
| 27. basic /'beɪsɪk/ <i>adj.</i> | 28. personal /'pɜːsənəl/ <i>adj.</i> |
| 29. private /'praɪvət/ <i>adj.</i> | 30. avoid /ə'vɔɪd/ <i>v.</i> |
| 31. address /ə'dres/ <i>n.</i> | 32. passport /'pɑːspɔːt/ <i>n.</i> |
| 33. careless /'keələs/ <i>adj.</i> | 34. aware /ə'weə/ <i>adj.</i> |
| 35. cheat /tʃi:t/ <i>v.</i> | 36. trust /trʌst/ <i>v.</i> |
| 37. enemy /'enəmi/ <i>n.</i> | 38. behave /br'herv/ <i>v.</i> |

(二) 认读单词

- | | |
|--|------------------------------------|
| 1. urgent /'ɜːdʒənt/ <i>adj.</i> | 2. limit /'lɪmɪt/ <i>v.</i> |
| 3. cyberbullying /'saɪbəˌbʊlɪŋ/ <i>n.</i> | |





二 短语

- | | |
|--------------------------|------------------------|
| 1. jump up | 2. on a picnic |
| 3. as red as | 4. look after |
| 5. stand up to | 6. in order to do sth |
| 7. ask sb to do sth | 8. turn around |
| 9. so as to do sth | 10. take a deep breath |
| 11. clear one's throat | 12. seat belt |
| 13. pick up | 14. tell the truth |
| 15. follow the rules | 16. at once |
| 17. slow down | 18. break rules |
| 19. face to face | 20. a piece of cake |
| 21. basic rules | 22. make enemies |
| 23. in hot water | 24. turn to |
| 25. get in touch with | 26. avoid doing sth |
| 27. personal information | 28. be aware of |
| 29. in real life | 30. be careful with |
| 31. behave badly | |

三 句型

1. Nothing can be done without norms or standards.
2. It was like sitting next to a mountain of blue cheese.
3. They aren't just on the wall but also in our minds and hearts.
4. Think carefully before posting something online.





Unit 6 When disaster strikes

一 单词

(一) 四会单词

- | | |
|---|--|
| 1. lost /lɒst/ <i>adj.</i> | 2. ground /graʊnd/ <i>n.</i> |
| 3. scared /skeəd/ <i>adj.</i> | 4. shut /ʃʌt/ <i>v.</i> |
| 5. shocking /'ʃɒkɪŋ/ <i>adj.</i> | 6. coach /kəʊtʃ/ <i>n.</i> |
| 7. straight /streɪt/ <i>adv.</i> | 8. sand /sænd/ <i>n.</i> |
| 9. flood /flʌd/ <i>n.</i> | 10. thick /θɪk/ <i>adj.</i> |
| 11. smoke /sməʊk/ <i>n.</i> | 12. shower /'ʃaʊə/ <i>n.</i> |
| 13. historical /hɪ'stɒrɪkəl/ <i>adj.</i> | 14. expert /'ekspɜ:t/ <i>n.</i> |
| 15. timeline /'taɪmlaɪn/ <i>n.</i> | 16. airline /'eəlaɪn/ <i>n.</i> |
| 17. weekday /'wi:kdeɪ/ <i>n.</i> | 18. railway /'reɪlweɪ/ <i>n.</i> |
| 19. rainstorm /'reɪnstɔ:m/ <i>n.</i> | 20. service /'sɜ:vɪs/ <i>n.</i> |
| 21. search /sɜ:tʃ/ <i>v.</i> | 22. terrible /'terəbəl/ <i>adj.</i> |
| 23. danger /'deɪndʒə/ <i>n.</i> | 24. warning /'wɔ:nɪŋ/ <i>n.</i> |
| 25. fashion /'fæʃən/ <i>n.</i> | 26. slim /slɪm/ <i>adj.</i> |
| 27. bleed /bli:d/ <i>v.</i> | 28. uncomfortable /ʌn'kʌmfətəbəl/ <i>adj.</i> |
| 29. jeans /dʒi:nz/ <i>n.</i> | 30. encouraging /ɪn'kʌrədʒɪŋ/ <i>adj.</i> |
| 31. herself /hə'self/ <i>pron.</i> | 32. university /ˌju:nə'vɜ:səti/ <i>n.</i> |
| 33. honour /'ɒnə/ <i>n.</i> | 34. wound /wu:nd/ <i>n.</i> |
| 35. heroine /'herəʊɪn/ <i>n.</i> | |

(二) 认读单词

- | | |
|---|---|
| 1. reaction /ri'ækʃən/ <i>n.</i> | 2. motherland /'mʌðələnd/ <i>n.</i> |
| 3. tsunami /tsʊ'nɑ:mi/ <i>n.</i> | 4. iron /'aɪən/ <i>adj. & n.</i> |





二 短语

- | | |
|---------------------------|--------------------------|
| 1. go straight ahead | 2. move on |
| 3. spread over | 4. all around |
| 5. be covered in | 6. have no thoughts of |
| 7. get away from | 8. wake... up |
| 9. move from side to side | 10. refuse to do sth |
| 11. leave... behind | 12. turn (...) into... |
| 13. be thick with | 14. after a while |
| 15. break out | 16. search for |
| 17. more and more | 18. lift one's spirits |
| 19. used to | 20. break one's dream |
| 21. look forward | 22. draw one's attention |
| 23. come out of | 24. find oneself |
| 25. above all | |

三 句型

1. That night, I was sleeping when the ground shook very hard.
2. A disaster can bring wounds and pain. But we should always face them with courage.
3. As the writer Nora Ephron once said: "Above all, be the heroine of your life, not the victim."

